HASTINGS RUNNERS under 18s CODE OF CONDUCT FOR PARENTS/GUARDIANS

As a responsible parent/guardian, you will:

- Respect the rights, dignity and worth of every athlete, coach and other volunteers involved in athletics and treat everyone equally
- Co-operate fully with others involved in the sport, ie coaches, team managers, club representatives etc, in the best interests of the athlete
- Promote positive aspects of the sport such as fair play, and never condone the use of prohibited or age-inappropriate substances
- Never place pressure on children to perform, participate or compete
- Take an active interest in your child's participation
- Attend training and competitions whenever possible
- Know exactly where your child will be and who they will be with at all times
- Never make assumptions about your child's safety
- Ensure that your child does not take any unnecessary valuable items to training or competition
- Inform your child's coach or team manager of any illness or disability that needs to be taken into consideration for athletic performance
- Assume responsibility for safe transportation to and from training and competition
- Report any concerns that you have about your child's or any other child's welfare to the club welfare officer, Regional, National or UKA Welfare Officers. (This does not affect your right to contact your local social services or the police, if you feel that it is necessary

As a responsible parent/guardian, when participating in or attending any athletics activites, including training/coaching sessions and competitions, you will:

- Display courtesy and good manners towards others
- Avoid swearing and abusive language and irresponsible behaviour, including behaviour that is dangerous to yourself and others, acts of violence, bullying, harassment, physical and sexual abuse
- Be aware that your attitude and behaviour directly affects the behaviour of your child and other young athletes
- Never engage in any inappropriate or illegal behaviour
- Not carry or consume alcohol to excess and/or illegal substances
- Not carry any items that can be dangerous to yourself or to others excluding athletics equipment used in the course of your child's athletics activity

Signed: (parent/guardian)

Child/children:

Date: